Resources

- Adverse Childhood Experiences (ACEs)--https://www.cdc.gov/violenceprevention/acestudy/index.html
- State Website--https://www.michigan.gov/mdhhs/0,5885,7-339-73971_4911_69588---,00.html
- Trauma Screeners--https://drive.google.com/drive/folders/18As4oUew_oTncyb1vGheROjrMMV3_7gw?usp=sharing

FILMS
- Resilience: The Biology of Stress & the Science of Hope
- Paper Tigers: One High School’s Unlikely Success Story
Resources: continued

**BOOKS**

- *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*; Van der Kolk, Bessel, Penguin Books
- *Build Your Bounce*; Mackrain, Mary & Bruce, Nefertiti, Kaplanco
- *No-Drama Discipline: The Whole Brain Way to Calm the Chaos and Nurture Your Child’s Developing Mind*; Siegel, Daniel & Payne Bryson, Tina, Bantam Books